

# PARIS SAINT-GERMAIN ACADEMY RESIDENTIAL SUMMER CAMP 2026



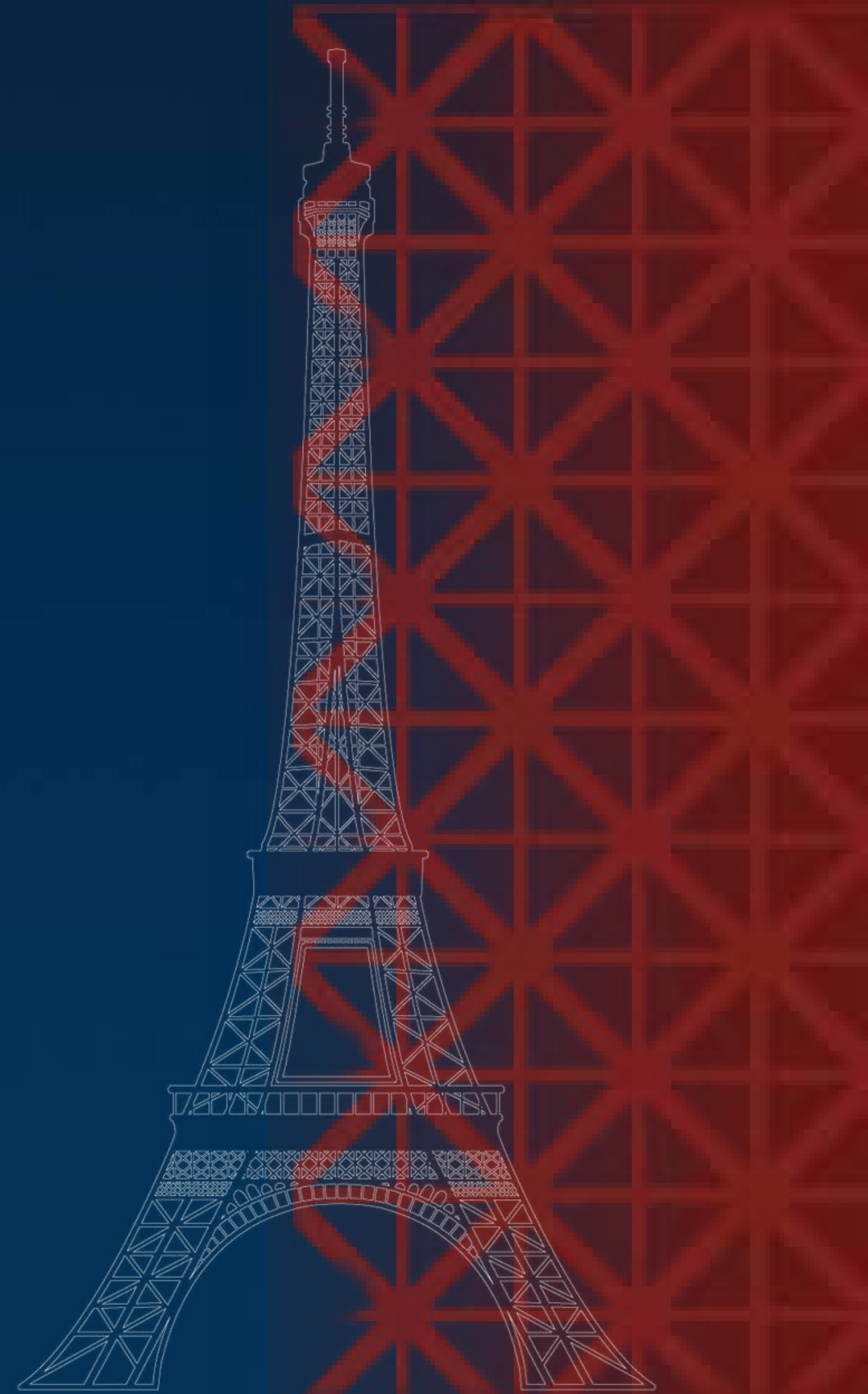
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**AN EXCLUSIVE OFFER**





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# UNIQUE: PRO COACHES TRAVELLING FROM PARIS

The Paris Saint-Germain Academy British Columbia Camps are under the supervision of certified Paris Saint-Germain coaches who gained expertise and knowledge at the Paris Saint-Germain Headquarters in Paris.



**The coaching team travelling from Paris** is uniquely equipped with the resources and capabilities to bring the excellence of European soccer to Canada.

**Players have direct access to the Paris Saint-Germain coaches**, the world-class Paris Saint-Germain training methodology, and the invisible training programs, replicating the daily schedules and routines applied for the professional club in Paris.

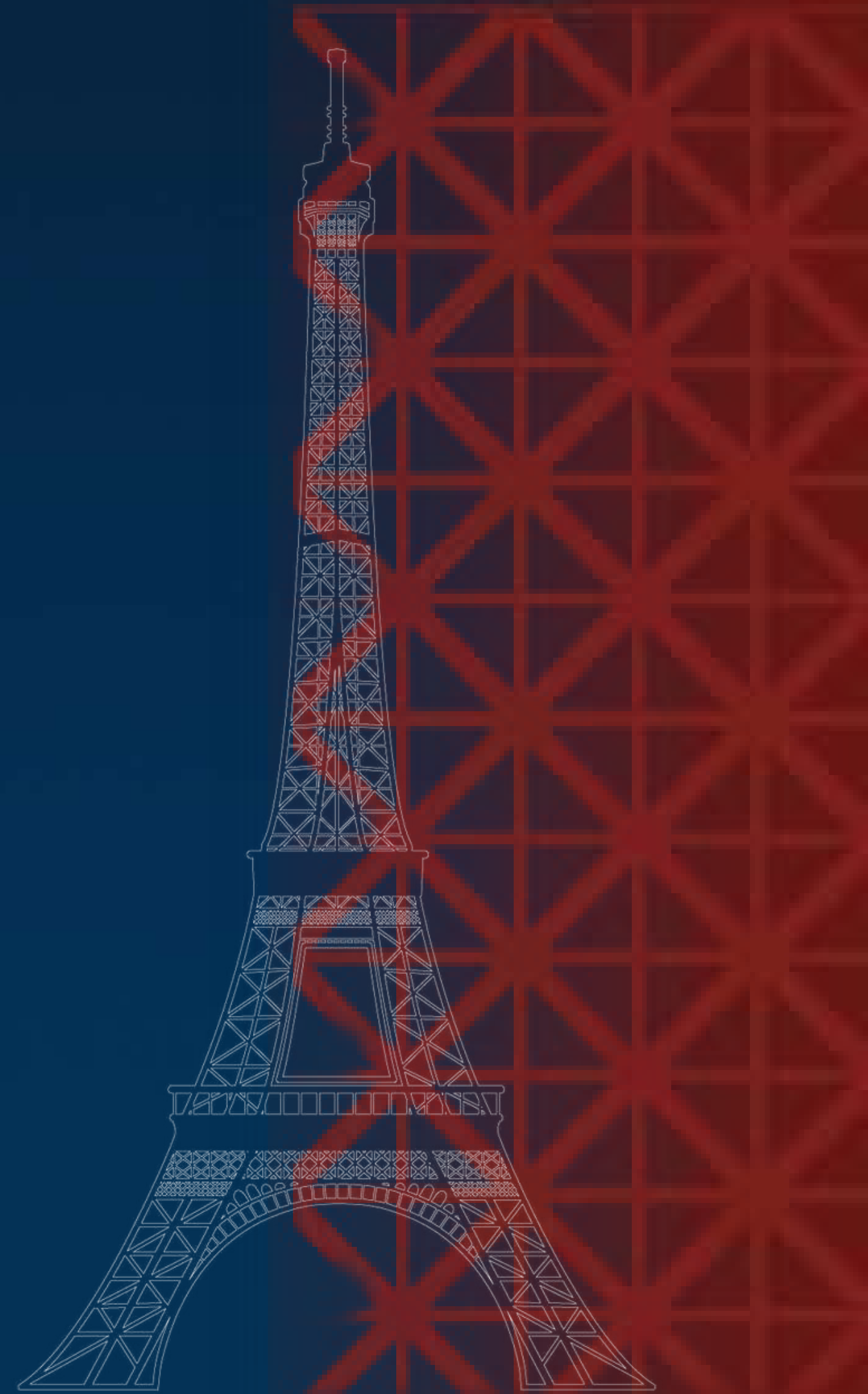
Each coach is a youth development expert with extensive experience in shaping elite players.





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# DÉMOGRAPHY





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# FOR ADVANCED PLAYERS ONLY

During the summer, Paris Saint-Germain Academy British Columbia Residential Camps welcome players coming from all over the world to reach the next level and discover the world-class PSG Company methodology.

Requirements are as follow:

## **GENDER**

Boys and girls

## **NATIONALITY**

All nationalities are welcome

## **AGE**

From age 12 through 16 (born 2014 – 2010)

## **LEVEL**

Minimum 2 years of competitive experience

## **NOT FOR BEGINNERS**

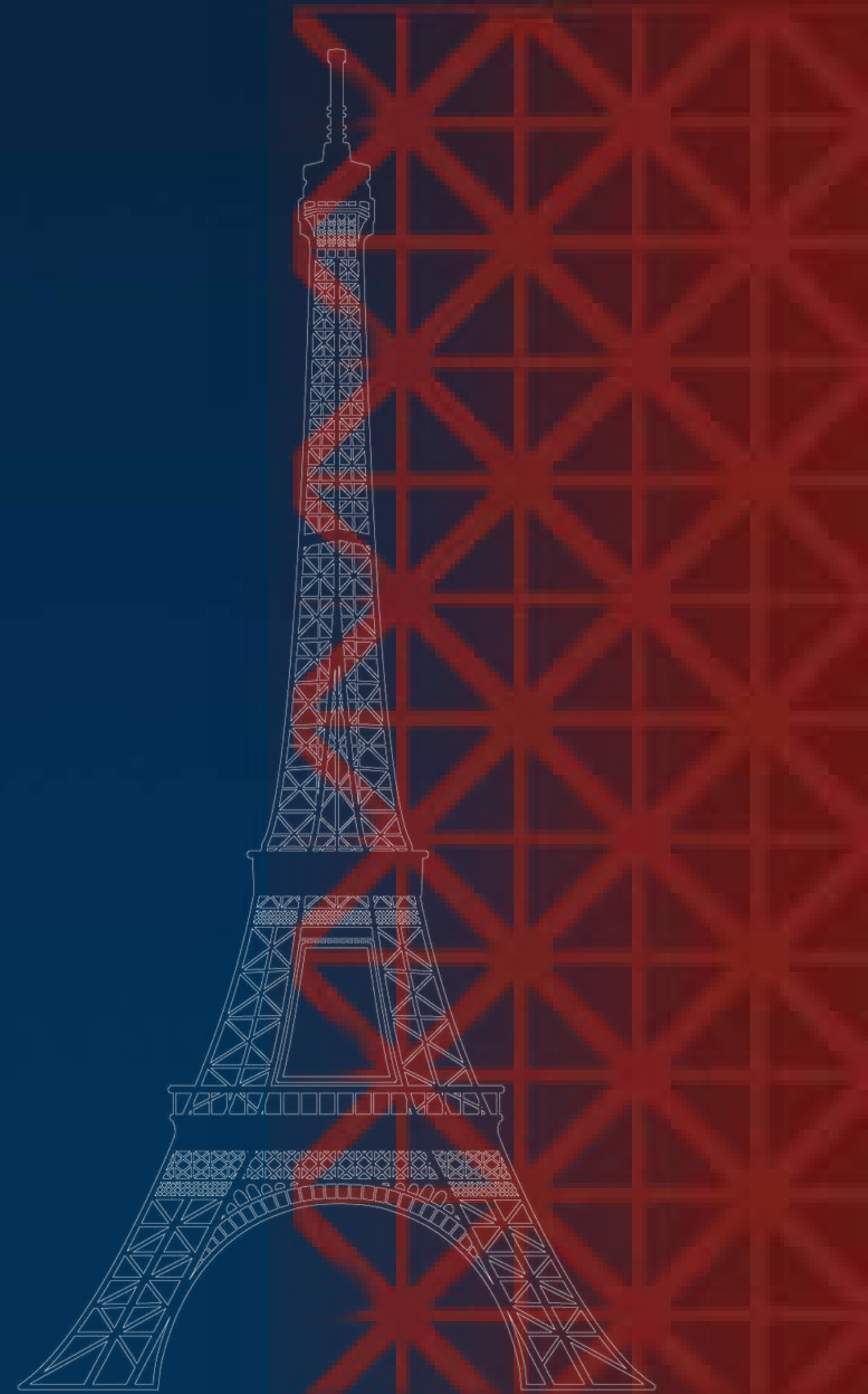
*Not recommended to players who don't play competitive soccer in a club and/or are not athletic. In case of doubts or questions, feel free to contact us at [kahina@psgacademyvancouver.com](mailto:kahina@psgacademyvancouver.com)*





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# DATES





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# DATES

## Boys and Girls

**Residential:** Monday July 20th - Saturday July 25th

**Day Camp:** Tuesday July 21st - Saturday July 25th

## What is the difference?

**Residential :** Includes a full camp experience with accommodation and activities throughout the day and night, Breakfast, Lunch , Dinner and Snacks

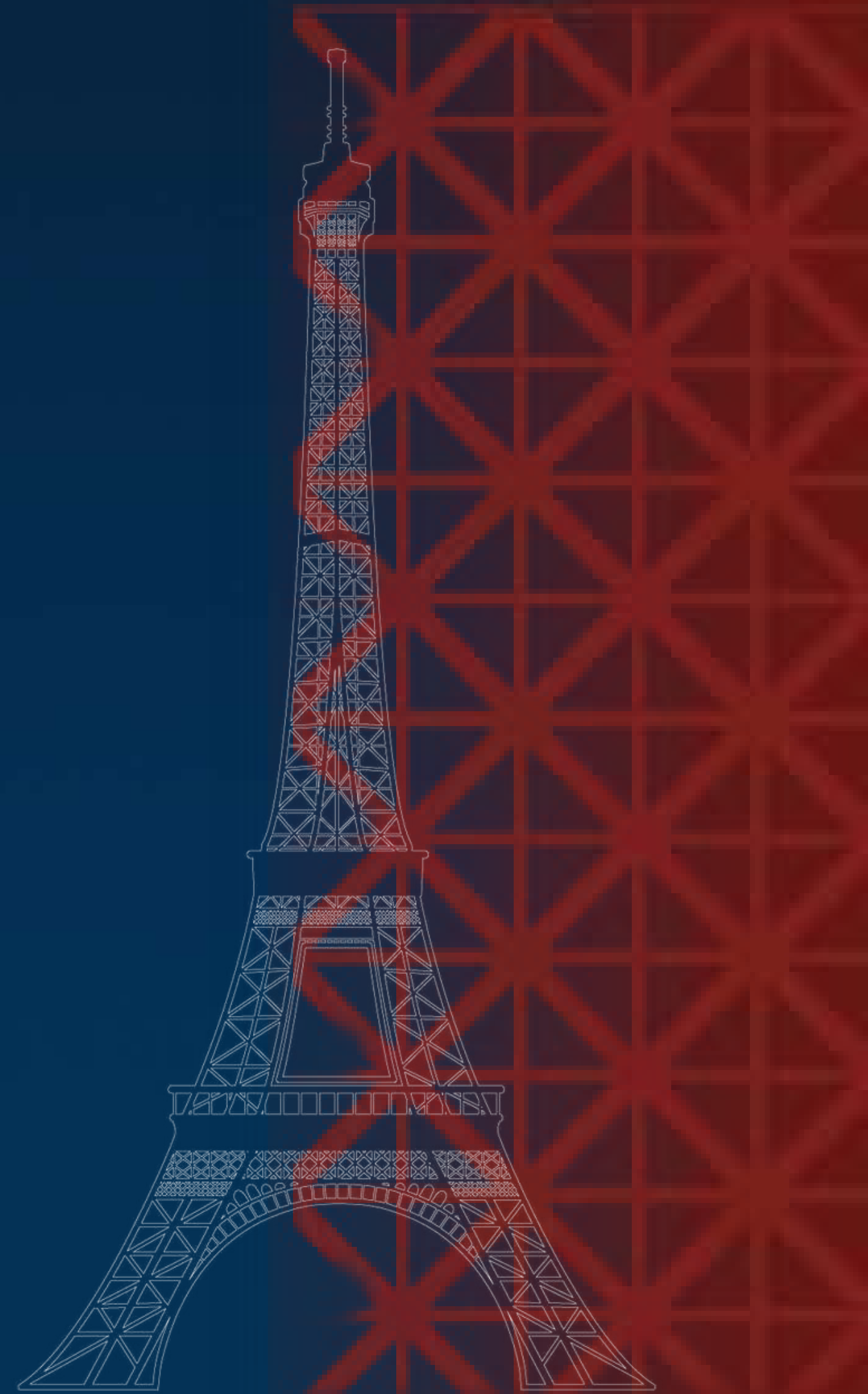
**Day camp :** Includes 2 training sessions every day, Lunch, Snacks and activities. After training, players return with their parents.





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**CAMPUS**





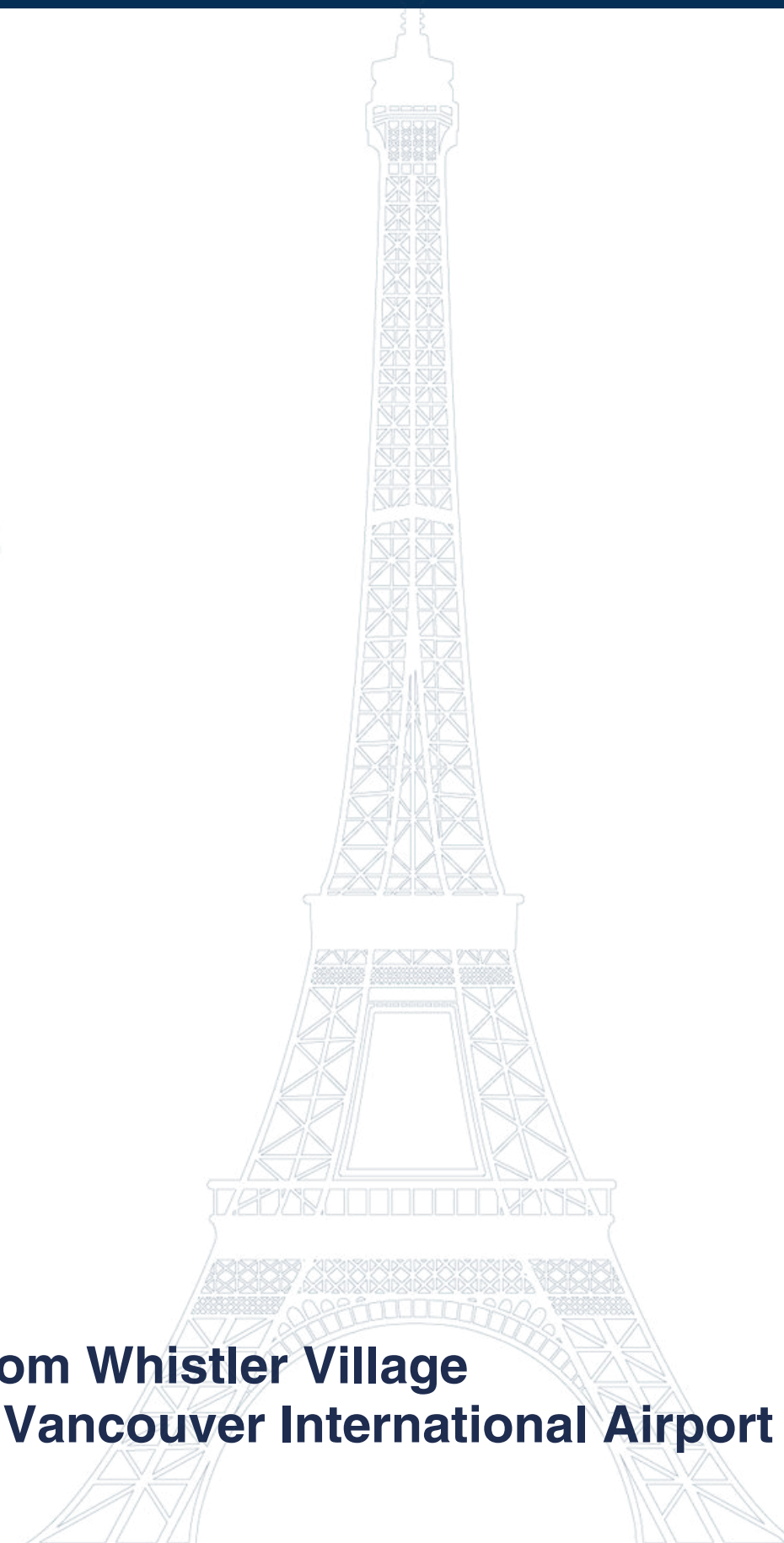
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# **PARIS SAINT-GERMAIN ACADEMY BRITISH COLUMBIA**



 **WHISTLER ATHLETES' CENTRE**  
1080 LEGACY WAY, WHISTLER, BC V8E 0K3

**10 minutes from Whistler Village**  
**2 hours from Vancouver International Airport**





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# WHISTLER ATHLETES' CENTRE

Our residential program is based in the Whistler Athletes' Center to provide not only excellent services and amenities but also a full immersion to an athlete's life. **Home of the 2010 Winter Olympics, the Whistler Athletes' Centre is an accommodation and training facility, catering to high performance and development athletes.**

## STATE-OF-THE-ART FACILITIES

- ✓ 1 main soccer field field Athletic Training Area
- ✓ Video Analysis room
- ✓ Complimentary wifi throughout the lodge
- ✓ Commercial size kitchen for meals
- ✓ Balanced meals (breakfast, lunch, snack and dinner)
- ✓ Laundry service machines
- ✓ Air-conditioned meeting rooms
- ✓ Common room to hang out , play cards, board games or gaming
- ✓ Multi-sports courts safe and quiet
- ✓ 24/7 surveillance and staff





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# **PRO FOOTBALL DEVELOPMENT**

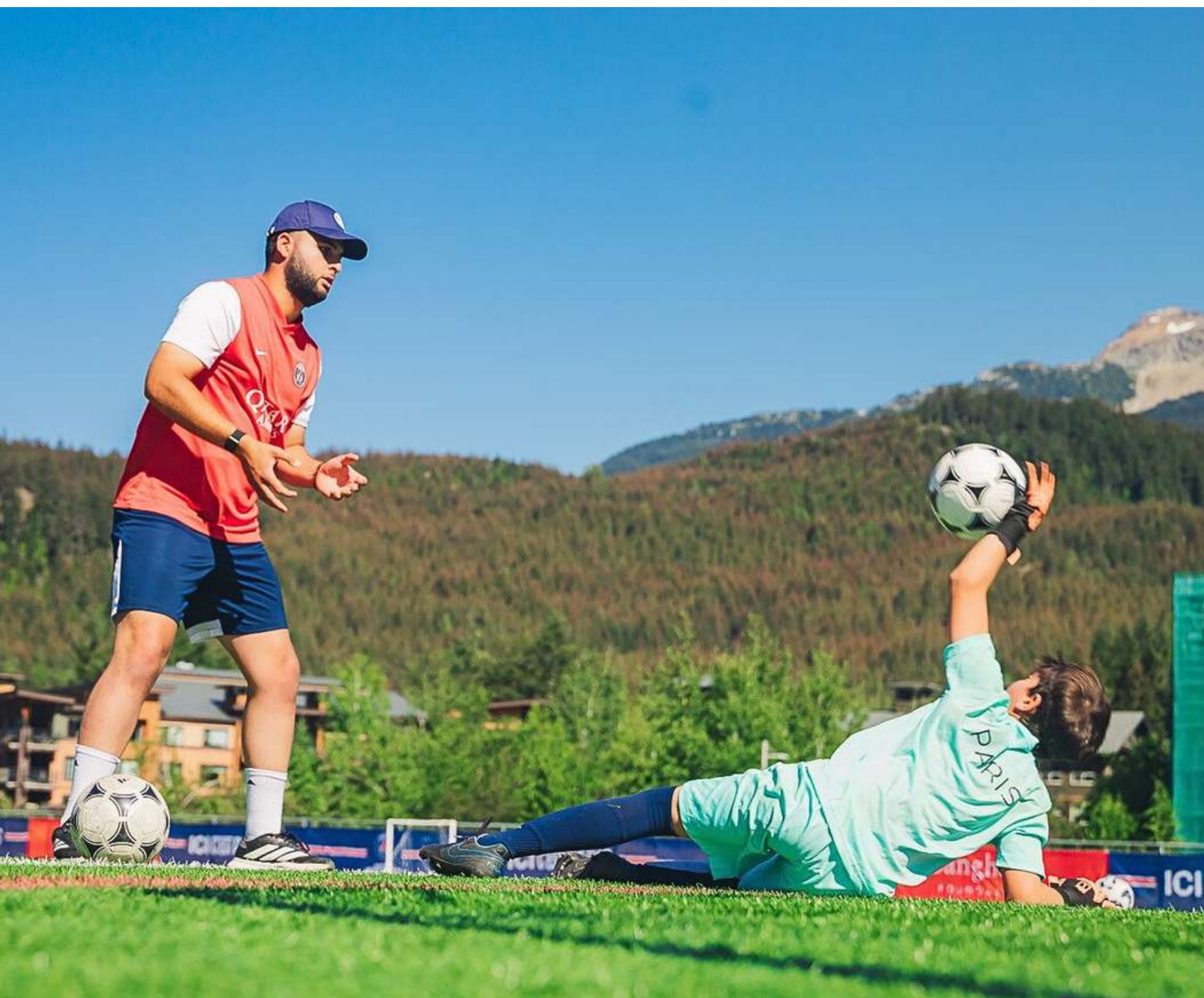




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# UNIQUE: COACHES PROFESSIONNELS DE PARIS

The Paris Saint-Germain Academy British Columbia Technical Team has designed an intensive program to bring each player to the next level and build healthy habits. Dedicated players will learn and then master the key fundamentals of the world-renowned Paris Saint-Germain methodology.



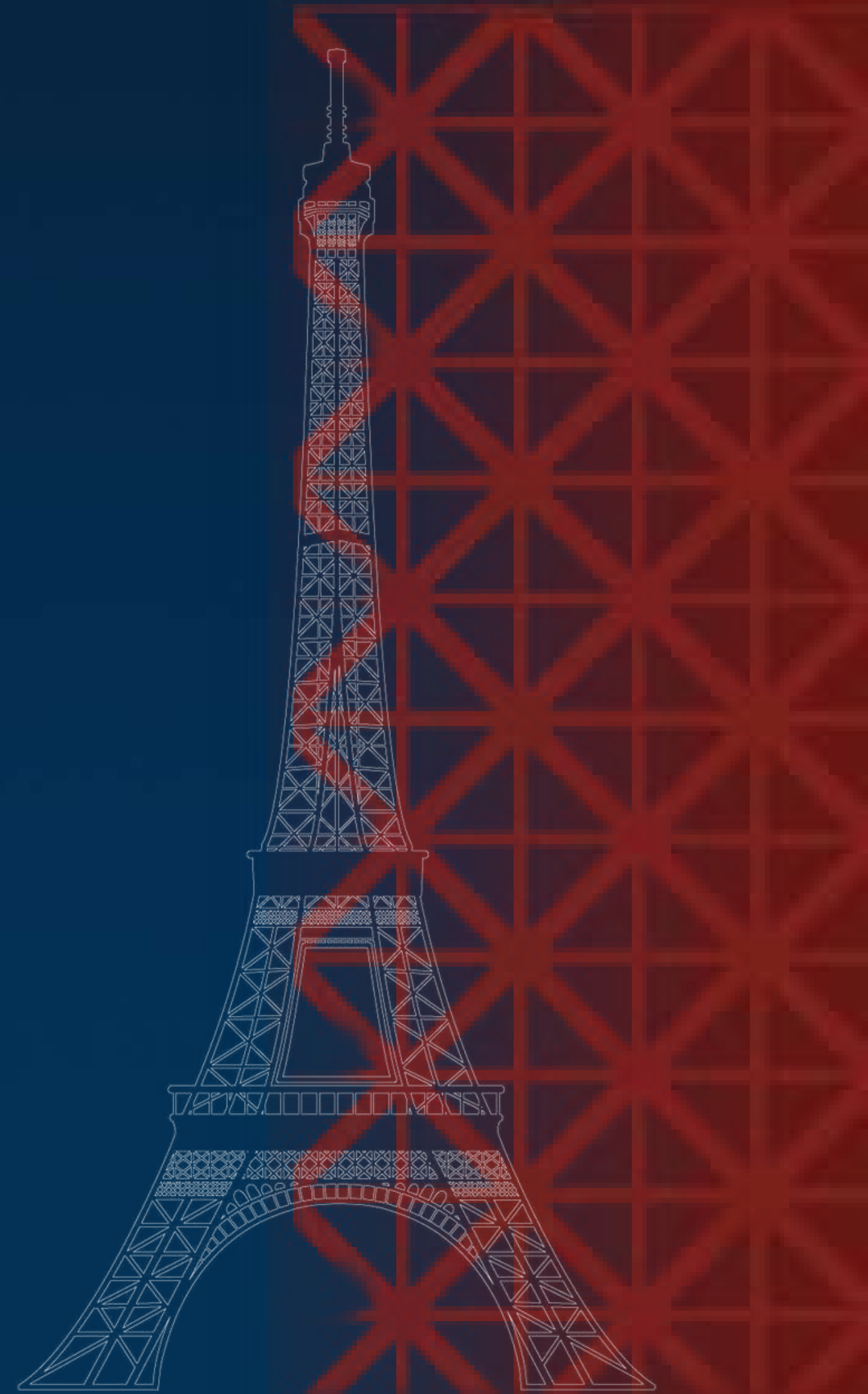
## REACH THE NEXT LEVEL!

- ✓ Develop Intelligence of play, understanding and vision of the game
- ✓ Mastery of tactical and cognitive traits : concepts, positioning and style of play
- ✓ Mastery of coordination and technical skills with in-game scenarios
- ✓ Physical preparation : Strength, endurance, speed and agility
- ✓ Injury prevention routines : individual and collective
- ✓ Mental preparation, exercices and games
- ✓ Team building, performance monitoring
- ✓ Invisible training : nutrition, rest , hygiene and recovery



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# OBJECTIVES





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# OBJECTIVES

## WHAT IS YOUR OBJECTIVE?

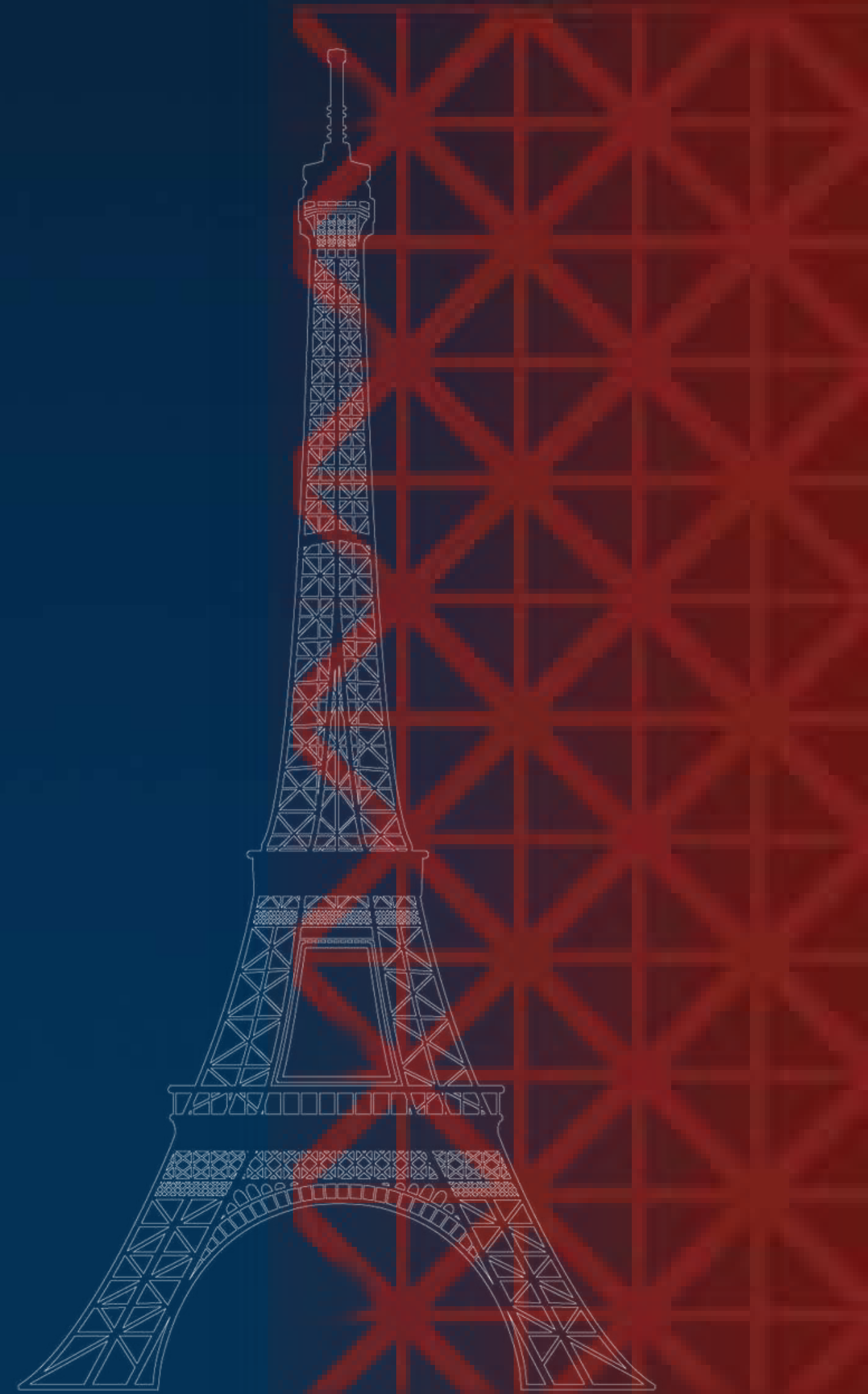
- ✓ Learn from PSG Coaches travelling from PARIS
- ✓ Discover the world-class PSG Academy methodology
- ✓ Train with elite players coming from all parts of the world
- ✓ Reach the next soccer level
- ✓ Participate in a pro soccer development program
- ✓ Enjoy a genuine Canadian experience in a beautiful environment





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# SCHEDULE





|             | MONDAY   | TUESDAY                        | WEDNESDAY                      | THURSDAY                       | FRIDAY                         | SATURDAY                      | SUNDAY                   |                                |
|-------------|----------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|--------------------------|--------------------------------|
| 8:00-9:00   | CHECK IN | BREAKFAST                      | BREAKFAST                      | BREAKFAST                      | BREAKFAST                      | BREAKFAST                     | BREAKFAST                |                                |
| 9:00-11:00  |          | OPENING CEREMONY TRAINING      | ENTRAÎNEMENT                   | ENTRAÎNEMENT                   | ENTRAÎNEMENT                   | MATCHS                        | INTERNATIONAL DEPARTURES |                                |
| 11:00-12:00 |          | LUNCH                          | DÉJEUNER                       | DÉJEUNER                       | DÉJEUNER                       |                               |                          |                                |
| 12:00-13:00 |          | FREE TIME                      | FREE TIME                      | FREE TIME                      | FREE TIME                      | LUNCH                         |                          |                                |
| 13:00-16:30 |          | ACTIVITIES WHISTLER EXPERIENCE | ACTIVITIES WHISTLER EXPERIENCE | ACTIVITIES WHISTLER EXPERIENCE | ACTIVITIES WHISTLER EXPERIENCE | MATCHS / CÉRÉMONIE DE CLÔTURE |                          |                                |
| 16:30-17:30 |          | SNACK - RECOVERY TIME          | SNACK - RECOVERY TIME          | SNACK - RECOVERY TIME          | SNACK - RECOVERY TIME          | CHECK OUT / DÉPARTS           |                          |                                |
| 17:30-19:30 |          | TRAINING                       | TRAINING                       | TRAINING                       | TRAINING                       |                               |                          |                                |
| 19:30-20:00 |          | RECOVERY TIME                  | RECOVERY TIME                  | RECOVERY TIME                  | RECOVERY TIME                  |                               |                          |                                |
| 20:00-21:00 |          | WELCOME DINNER                 | DINNER                         | DINNER                         | DINNER                         | DINNER                        |                          | DINNER (international players) |
| 21:00-22:00 |          | ACTIVITIES                     | TEAM BUILDING                  | MOVIE                          | TEAM BUILDING                  | TEAM BUILDING                 |                          | MOVIE                          |
| 22:00       | CURFEW   | CURFEW                         | CURFEW                         | CURFEW                         | CURFEW                         | CURFEW                        |                          |                                |



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# A TYPICAL WEEK

each player receives 1 certificate of participation,  
pictures

## ALL PLAYERS (DAY CAMP AND RESIDENTIAL)

- **Full field experience:** 2 trainings per day + games on Friday.
- **Award Ceremony:** each player receives 1 certificate of participation, pictures of his experience, 1 personalized performance report.
- **Parents friendly:** parents are invited to join during ceremony on Friday
- Parents are also welcome to watch trainings and games .

## ONLY RESIDENTIAL PLAYERS

- **Physical therapy:** provided daily depending on needs.
- **Team building activities:** games, quizzes, board games, video games, excursions, necessity shopping.
- **Meals:** balanced Breakfast, Lunch, Snack and Dinner are provided.
- **Laundry:** provided at the hotel. Laundry machines available for players.
- **Recovery:** players must follow recovery procedure when established.  
Perfect time to communicate with family and spend time with new friends.





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# **DAY CAMP PRICING**





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# DAY CAMP



*FROM TUESDAY TO SATURDAY*

## **SOCCER**

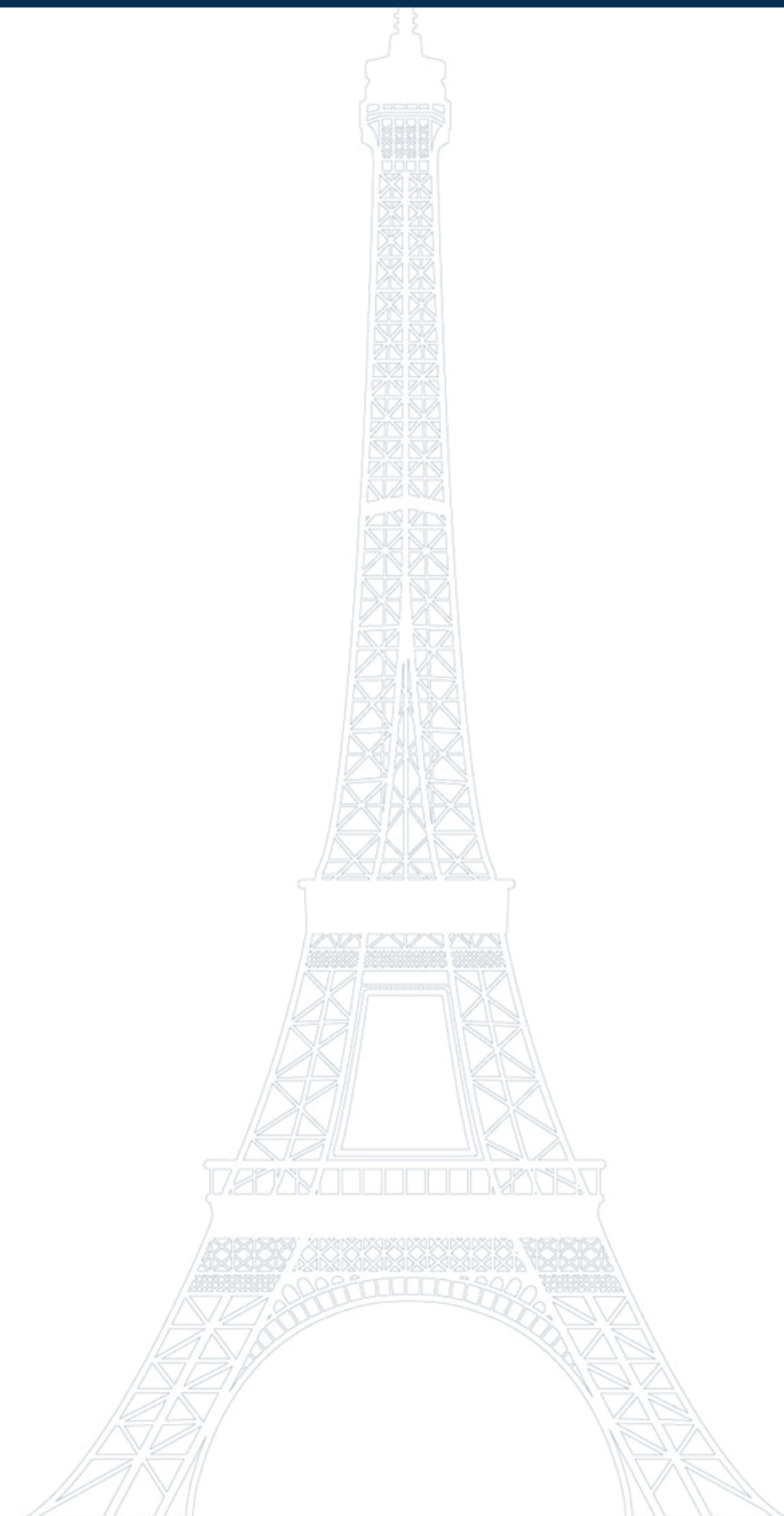
- ✓ 4 hours training per day (Tactical, physical, technical, mental)
- ✓ Daily supervised physical preparation (cardio, strength, speed).
- ✓ Positioning specific training (GK, Striker, Defender, Midfielder)
- ✓ Physical and Technical Tests
- ✓ Competition.
- ✓ Closing Ceremony, awards
- ✓ Performance report and individual meeting

**PRICE (included Lunch and snack everyday)**  
**1,450 CAN**

Including 1 x PSG Academy Nike Jersey, Short and Socks

## **ADDITIONAL SERVICES**

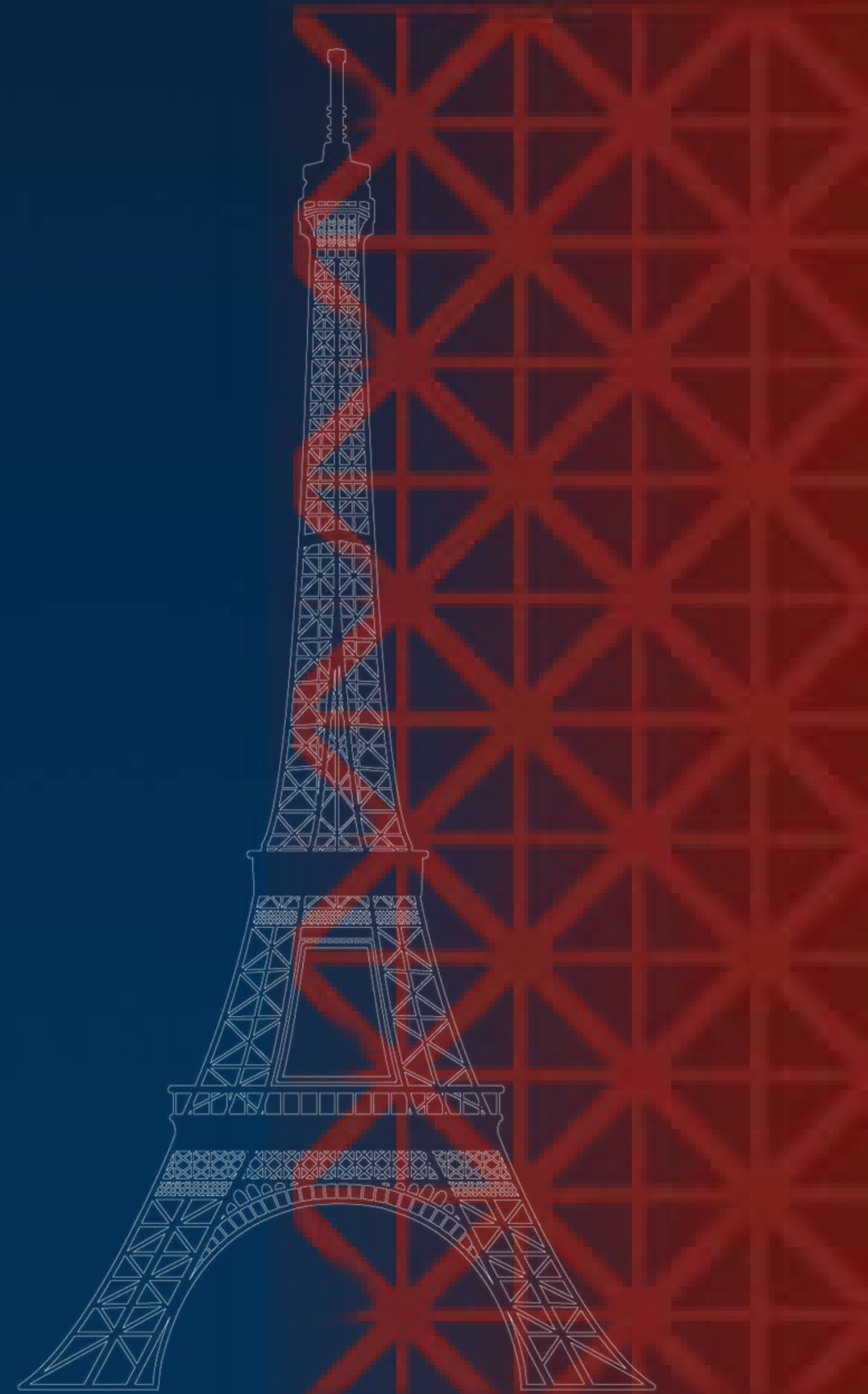
- ***Proof of travel health insurance mandatory***





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# **RESIDENTIAL PRICING**





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# INCLUDED IN THE RESIDENTIAL CAMP

## FROM SUNDAY TO FRIDAY

### SOCCER

- ✓ 4 hours training per day (Tactical, physical, technical, mental)
- ✓ Daily supervised physical preparation (cardio, strength, speed)..
- ✓ Positioning specific training ( GK, Striker, Defender , Midfielder)
- ✓ Physical and Technical Tests
- ✓ Competition
- ✓ Closing Ceremony, awards
- ✓ Performance report and individual meeting

### BOARDING

#### WHISTLER ATHLETES' CENTRE

- ✓ Comfortable suites with twins beds
- ✓ Room , cleaning and towel changes
- ✓ 24/7 Surveillance
- ✓ Laundry





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# INCLUDED IN THE RESIDENTIAL CAMP

## FROM MONDAY TO SATURDAY

### ACTIVITIES\*\*

- ✓ Team building,
- ✓ Experience Whistler ( Shopping, game, activities, lake)
- ✓ Hiking

### SUPERVISION

- ✓ Night Chaperone ratio (1:14)
- ✓ 24/7 Surveillance from professional staff

### BALANCED MEALS

- ✓ 4 MEALS per day + water at will ( Breakfast, Lunch, Dinner Snacks)

\*International players can leave on Sunday extra cost apply  
Activities may vary depending of weather and availability





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# RESIDENTIAL PRICING

## SHARED ROOM 2 PLAYERS PER ROOM

5 nights: 2,150 CAN

Private room\*\*: 2,550 CAN)

Including PSG Academy British Columbia Nike\*:

1 practice jersey, short and socks

*\* Including in the price GK will received Special GK Uniforms \*\**

*Single Room : One player in the room*

## SERVICES ADDITIONNELS / OPTIONNELS:

### PROOF OF TRAVEL HEALTH INSURANCE

(MANDATORY)

### AIRPORT TRANSFERS

Vancouver International Airport YVR (RETURN) \$110

### UNACCOMPANIED MINOR ASSISTANCE

Pick up + Check in \$100





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# GROUPS ACCOMMODATION

## SIGN-UP YOUR TEAM TO THE HIGH-PERFORMANCE CAMPS

Either you are a soccer parent, a travel agency or a coach and you wish to send your team or part of your team in the PSG Academy British Columbia Residential Camp, we have the perfect package for you. With a minimum of 4 players, you will receive a special pricing.

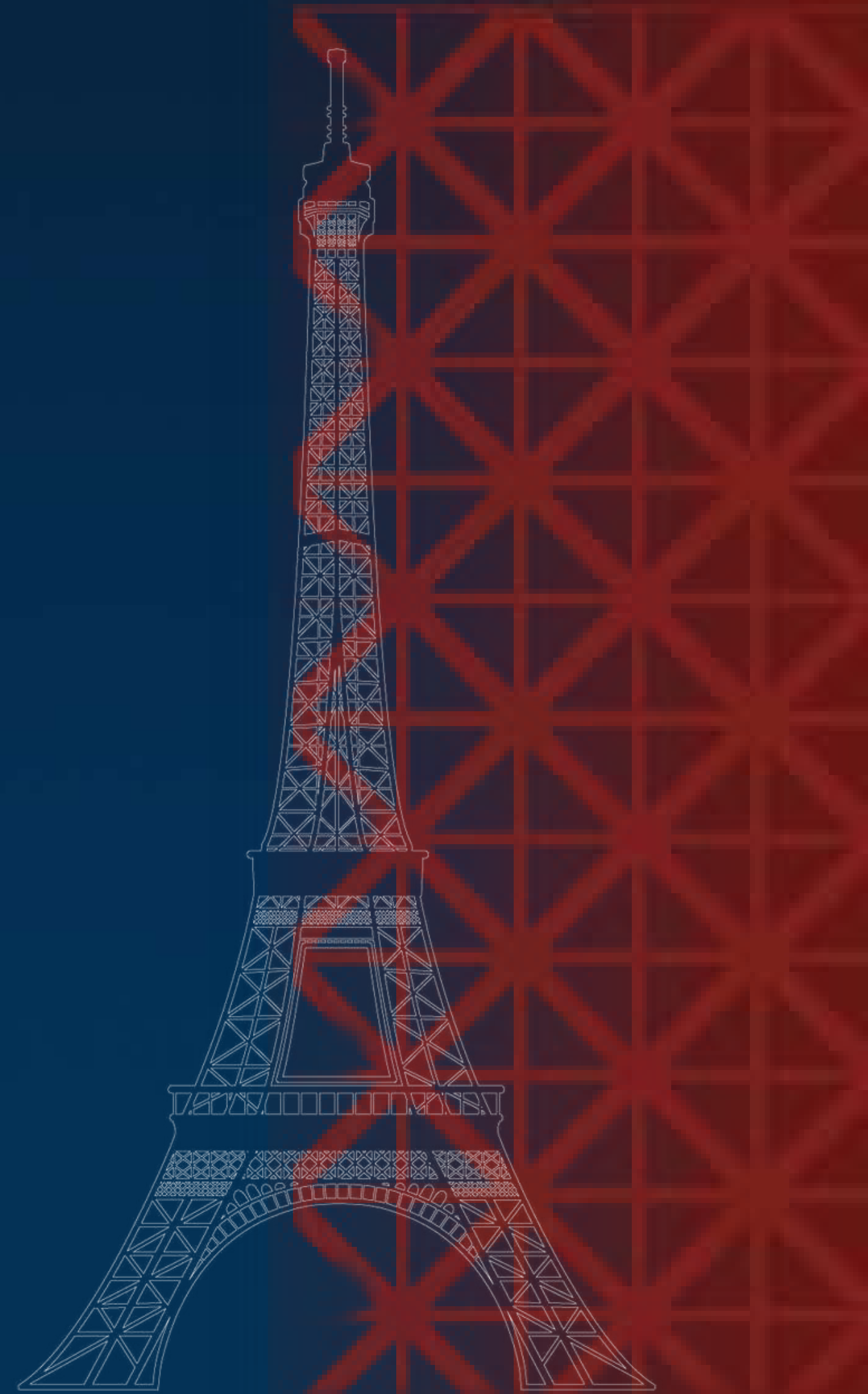
Feel free to request a coach or a team/group estimate at  
[kahina@psgacademyvancouver.com](mailto:kahina@psgacademyvancouver.com)





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# REGISTRATION





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# SAVE YOUR SPOT

For any questions, concerns or special requests, please contact us at  
[kahina@psgacademyvancouver.com](mailto:kahina@psgacademyvancouver.com)



[PSGACADEMYBRITISHCOLUMBIA.COM](http://PSGACADEMYBRITISHCOLUMBIA.COM)

